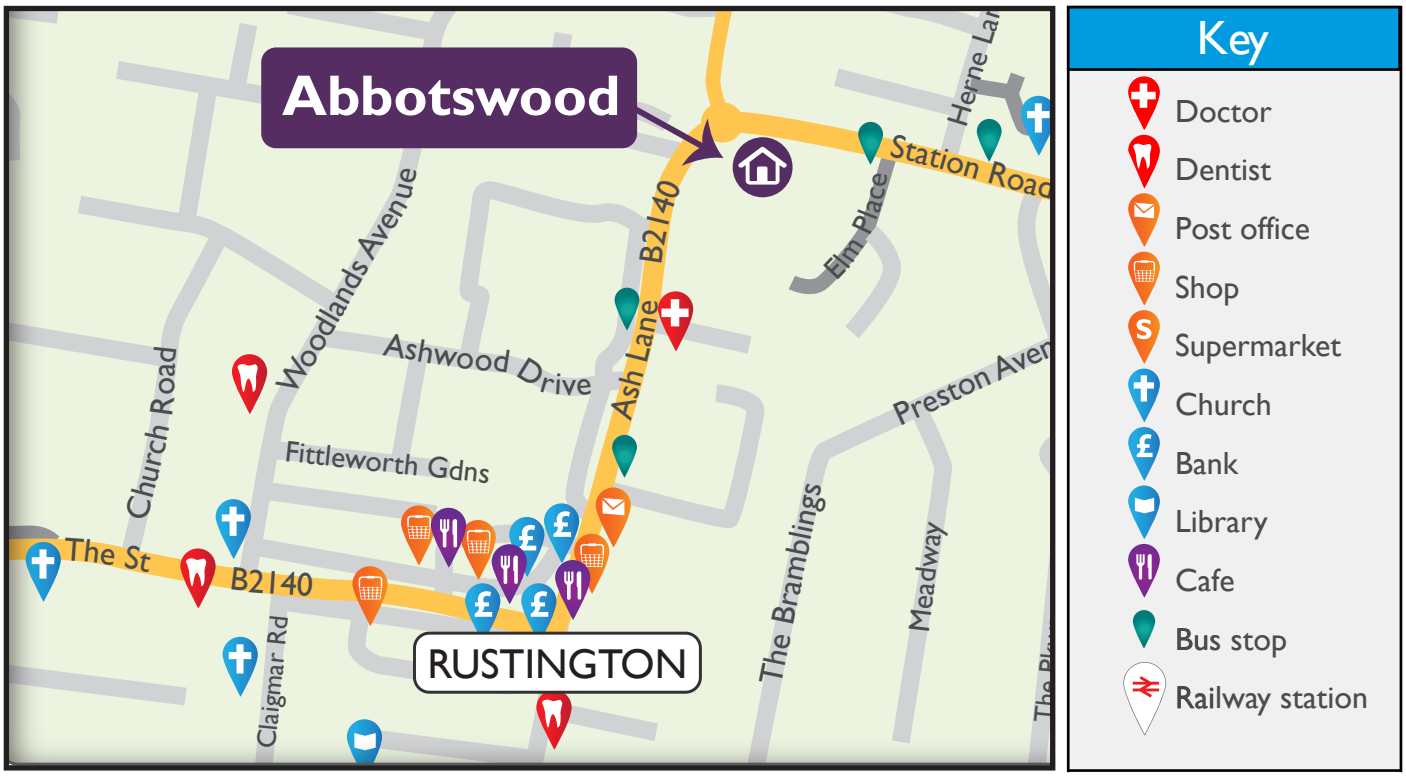
SAXON WEALD

Abbotswood

Extra care

Station Road, Rustington, BN16 3BJ



Abbotswood extra care scheme is located in the bustling seaside village of Rustington, on the West Sussex coast near Littlehampton. Rustington village has a post office, GPs, opticians and dentists. There's also a good selection of restaurants, pubs, supermarkets, plus a good mix of independent and chain stores.

At nearby Angmering station trains run to Worthing, Portsmouth, Southampton, Brighton and London, while the local Coastliner bus provides a regular service all along the south coast.

Rustington is a pleasant residential area with a good bus service and local amenities including a GP surgery and shopping centre.

Care and support at Abbotswood

Abbotswood offers its residents care and support with everyday living, provided by a team of professional carers on site 24 hours a day, seven days a week.

Bridging the gap between conventional retirement housing and a residential or nursing home, Abbotswood offers the best of both worlds. You have the independence of your own apartment and the peace of mind that comes with a caring team on hand providing regular support and responding to emergencies.

Abbotswood can be an ideal solution for couples who require different levels of care, enabling you to continue living together while receiving the support you need. You must be aged over 55 to qualify.

There are upper limits to the amount of care and support that can be provided in an extra care scheme and very occasionally alternative accommodation may have to be arranged for residents. This decision would be made by health and social care professionalsin conjunction with the family or an advocate acting for the resident.

If you are interested in living at Abbotswood, a member of our team will meet you to ensure that you are eligible for an apartment and that your needs can be met by the scheme.

To use the on-site care team, you will have your needs assessed by the local council. This will determine how much care you will receive and what you will have to pay.

You can purchase care privately if you prefer. For more details and advice on the support available at Abbotswood, please call us on 01403 226000.

Buying an apartment

Some apartments at Abbotswood are available to purchase on a shared equity basis. This means that you buy a 75% share in the property, while Saxon Weald retains the remaining 25%. You do not pay rent on our share, but monthly service and support charges are payable.

Renting an apartment

You can apply to rent a property at Abbotswood if you are aged 55 or over and have a connection to the local area. You will also need to have some care and support needs.

A look inside your Abbotswood apartment

Our one and two-bedroom apartments are generously sized and have been designed to make the most of natural daylight, helping to create a bright, spacious feel.

The modern, fitted kitchens come complete with an eye-level built-in oven, as well as fitted hob and extractor fan.

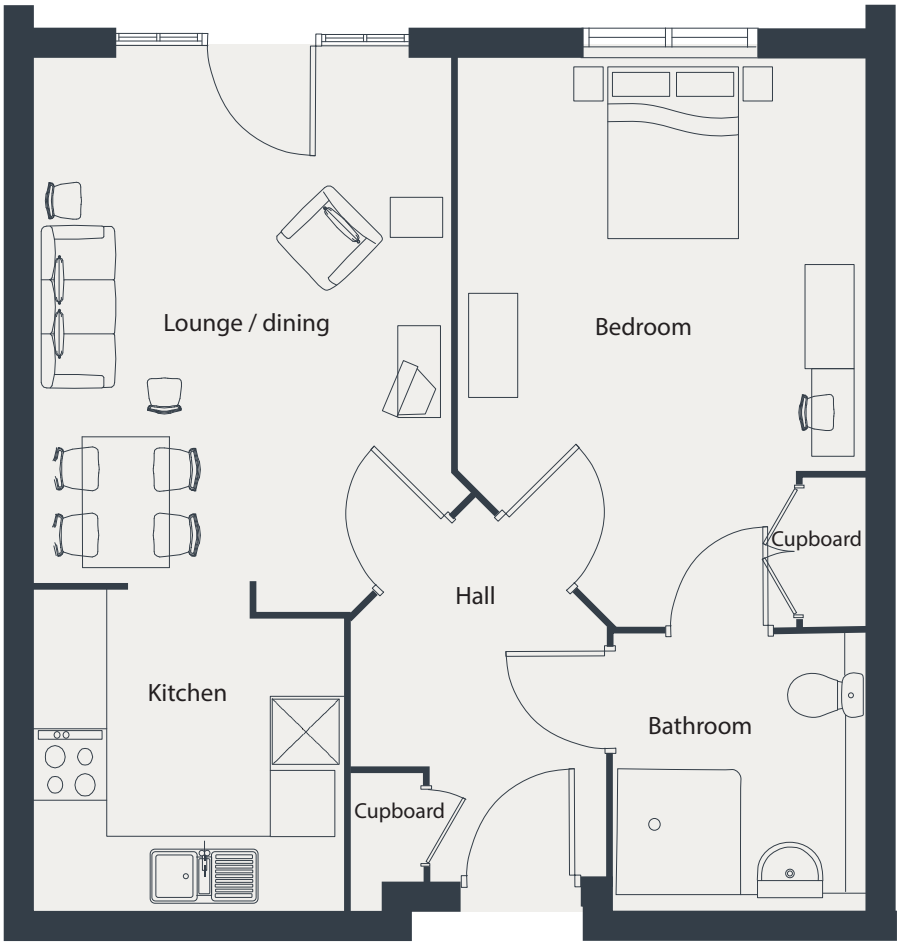
Bedrooms have an en suite shower room, which can also be entered via your hallway. To aid mobility, they feature level-access showers, together with grab rails and slip-resistant vinyl flooring.

A range of thoughtful touches aim to make daily living a little easier. These include a basket fitted to the inside of your front door to catch your post, raised-height electrical sockets to reduce bending and taps fitted with easy-grip levers.

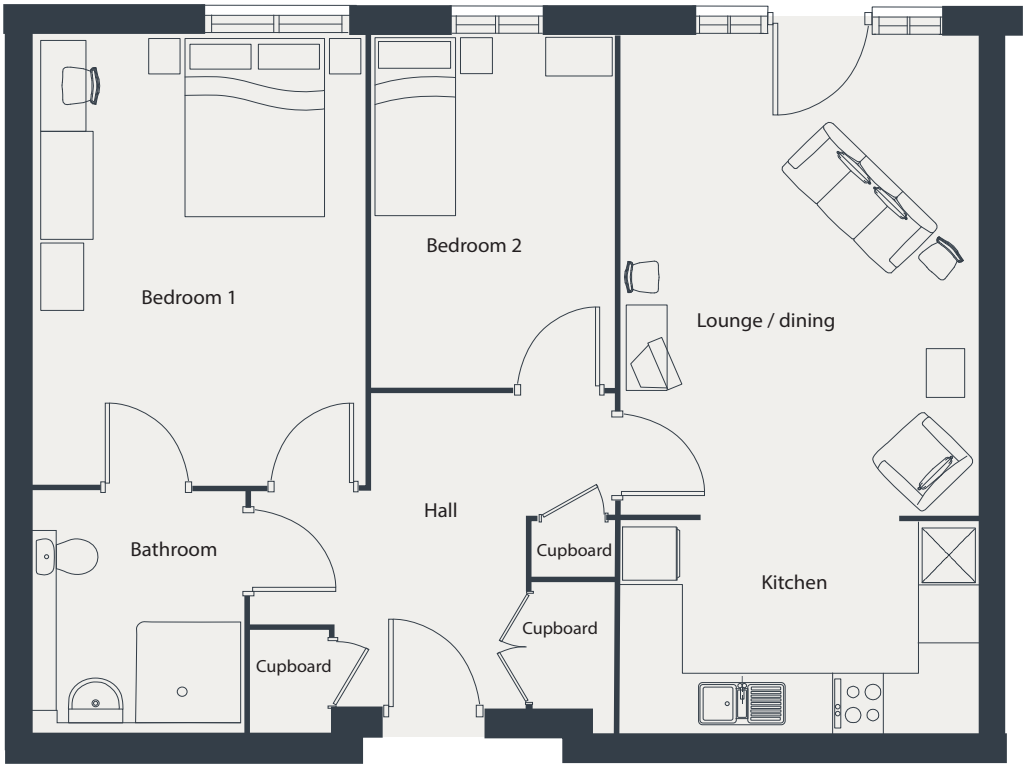
All apartments benefit from double glazed windows and underfloor heating, together with TV aerial and phone points.

For your peace of mind, apartments are fitted with a pull-cord emergency alarm system. They also have a door entry system, to enable you to let guests in from the main scheme entrance.

Typical 1 bedroom apartment



Typical 2 bedroom apartment



Communal areas at Abbotswood

We pay special care and attention to the design of our schemes and their grounds, ensuring that shared areas are stylish, comfortable and practical.

Abbotswood's spacious lounge and dining room are modern and bright, offering an ideal place to meet friends and relax. A small kitchen area means you can enjoy a tea or coffee at your convenience. If the weather is nice, you can also find yourself a quiet spot in the landscaped gardens or do a little gardening in one of the raised "allotment" beds.

A guest suite is available at a small charge for friends and family who wish to stay overnight. An en suite shower room and drink making facilities help to ensure your guests are comfortable.

Facilities include:

Generously sized lounge

Activity room

Secure landscaped gardens

Guest suite

Assisted bathing facilities

Mobility scooter charging rooms

Hairdressing and beauty treatment room

Dining at Abbotswood

A nutritious, well-balanced diet is essential in maintaining health and well-being. Our attractive restaurant serves substantial midday meals every day of the year at a modest cost. Meals are freshly prepared in our kitchens and we are happy to cater for any specific health or cultural requirements.

This is a favourite time of day for many residents as they enjoy getting together with their friends and neighbours over a meal. The warm, friendly atmosphere means the restaurant is often considered to be the hub of the scheme. Visiting friend and relatives are welcome to use the restaurant too.

In the event of illness, meals can be taken to your apartment.

Sample Lunch Menu:

Main Courses

a choice of dishes such as:

Steak & Mushroom Pie
Homemade Lasagne
or Salmon Fishcakes

Served with a selection of fresh, seasonal vegetables

Dessert:

Sticky Toffee Pudding with Custard or Fresh Fruit

SAXON
WEALD

Saxon Weald, established in 2000, is a respected housing association providing over 6500 homes across Sussex and Hampshire. Around a quarter of our properties are purpose-built apartments for the over 55s, and we are a leading provider of housing with extra care and support for older people in the region. We believe in helping people maintain their independence as they get older.

Our aim is to improve quality of life for our residents and the communities we work in.

Interested in purchasing?

Please call our sales team on 01403 226000 or email sales@saxonweald.com

Interested in renting?

Please contact Arun District Council's housing department on 01903 737552 or email: hello@saxonweald.com

Extra care

If you have an enquiry about extra care please call 01403 226000

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www.saxonweald.com

Saxon Weald, 38-42 Worthing Road, Horsham, West Sussex RH12 1DT

These details have been prepared in good faith and are provided as a guide to the services provided as at November 2019. Photographs shown are examples for illustrative purposes only. Sample floorplans, information and specifications are provided for the guidance and interest of potential residents but do not form any part or a contract or constitute an offer.